



Contact Information:

A Backyard Farm:

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Words from the Farmers

Introduce Tulsa/ picture



Great Savings:



Purchase garden beds before March 15th, 2010 and receive \$50.00 off your installation!

Already own a Backyard Farm garden bed? Purchase a maintenance package for the 2010 season by March 1st and receive 2 weeks free maintenance!



Spring/Summer Timeline

- May - Summer vegetables go in.
- June 1st - Last date for summer vegetable planting.
- July - Second plantings go in.
- August - Fall plantings go in. Begin enjoying those tomatoes!

Picture

What's Growing?



Tip of the Month:

Organic methods rely first and foremost on prevention. Increasing beneficial insects is important as is watching for early sign of nasty pests. If you see lady bugs, bees, or butterflies - enjoy then and celebrate. If you see white moths, slugs, or little green hiding caterpillars give us a call right away!

Add link to see pictures of the above.



Cooper's Corner:



Recipe of the Month

Nepali Momos

Kids Corner
YUM or Yuk!

You've probably eaten gummy worms before, but would eating real worms freak you out? Not in some countries. Worms and insects are important foods in places where people would otherwise go hungry. Insects grow quickly, produce high quality protein, take little space to grow and are inexpensive to raise.

So if you accidentally eat a little bug now and then don't worry. And although some insects are farmed for food, we at A Back Yard Farm will stick to using worms solely to make your vegetables grow better, not to be your actual food!

Add in the cross word puzzel on hunger